

Weekly recipe summary

Start Pescatarian Keto · Monday through Sunday

8

Unique items

63

Scheduled occurrences

7

Active days

490 min

Planned time

Item	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Total
Calicen Smoothie Week 1-2 Breakfast		X	X	X	X	X	X	6
Calicen Smoothie Week 3-4 Breakfast	X							1
Green Tea Breakfast	3	3	3	3	3	3	3	21
Keto coconut cream shrimp Breakfast	X							1
Calicen Salad Week 1-2 Dinner		X	X	X	X	X	X	6
Keto cucumber salad Dinner	X							1
Herbal Tea Lunch	3	3	3	3	3	3	3	21
Salmon with creamy shiitake Lunch		X	X	X	X	X	X	6