

Weekly recipe summary

Lock-in Real-World Strength · Monday through Sunday

5

Unique items

9

Scheduled occurrences

1

Active days

80 min

Planned time

Item	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Total
Calicen Smoothie Week 16-17 Breakfast	X							1
Green Tea Breakfast	3							3
The best avocado toast Breakfast	X							1
Cucumber Salad Dinner	X							1
Herbal Tea Lunch	3							3